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# PRE-IB-DIPLOMA PROGRAMME SCHOOL YEAR 2019/2020

## CLIMBING TO THE TOP OF BRITAIN

Each year thousands of people climb Ben Nevis in Scotland, and because of its northerly location, the climate can be bitterly cold. Climber Keith Hewitt describes his first time on Ben Nevis.

It was February, my first big winter climb. Our route was up the north face of the mountain to Tower Ridge. It's six hundred metres up – probably the longest climb in Britain. We planned to camp for three days in the 'Corries', which are like big bowls cut into the walls of the mountain half-way up.

We were carrying tents, sleeping bags, and metal spikes for our boots – you'd have trouble on Ben Nevis without them because you get snow so hard it's like walking on ice. Even though some of the group were very experienced, we packed all kinds of safety equipment, including lights for attracting attention, hard hats and extra clothing. Although the weather forecast was perfect, with no strong winds, there was still a general feeling of nervousness when we set out. Ben Nevis in winter is always a challenge.

The track soon climbed and my legs felt heavy. Being the weakest member of the group, I had to rest more frequently. The others sometimes stopped for a break to let me catch up, but as soon as I reached them they set off again. I promised myself that in the future I would always train properly before a climb.

After 200 metres, we reached the beginning of Tower Ridge, the route that would take us to the top of Ben Nevis. It's only a metre and a half wide and the mountain drops away hundreds of metres on each side. We knew we had to keep calm and concentrate on every step as we moved slowly along it.

After seven hours of climbing, we reached the top. On a clear day, you can see the sea and right across it to the island of Skye, 48 kilometres away. However, we weren't so lucky, as a mist had come down.

On Ben Nevis, getting back down to camp can be as much of a challenge as going up. You need to be able to read a map properly – a wrong turn could lead to slopes too dangerous to go down in winter. I was glad we had decided to take it in turns to do that job. That first time, it was only when I was safe in the tent that I could say I really enjoyed the experience. But at least I made it to the top.

Read the sentences below about climbing Ben Nevis and decide if each sentence is TRUE or FALSE according to the text:

1.	The climbers' camp was at the bottom of Ben Nevis.	
2.	Their equipment was of little use on the icy snow.	
3.	The climbers were well prepared in case of emergency.	
4.	The climbers were worried about the weather forecast.	
5.	The whole group took regular breaks together.	
6.	The writer realised that he had to improve his fitness.	
7.	The climbers recognised the danger in taking the Tower Ridge path.	
8.	From the top of Ben Nevis, the climbers had the view of the sea.	
9.	The climbers shared the responsibility for map reading.	
10.	The writer began to relax when he reached the top of the mountain.	

### MUSEUMS IN THE AREA

- A) STACKWORTH MUSEUM tells the history of the famous Stackworth family, and gives information about other well-known local people. These include poets, artists and writers. There is an excellent café and a car park.
- B) CHARBERTH MUSEUM is near the bus station and has a rich collection of objects, 19th century paintings and photographs showing life in the town over the centuries the jobs people did and how they entertained themselves. An accompanying book showing the works on display is available from the Museum Shop as well as some attractive gifts. There is no café.
- C) FAIRLEY MUSEUM is arranged like an old-fashioned village. You can see people working at their trades to produce tools, pots and even boats using traditional skills. There is a small picnic area in the car park but most people eat in the excellent café. The museum is on a bus route.
- D) WESTERLEIGH MUSEUM is near the bus station, and contains exhibition showing the town's development. In a separate room, there are works by some well-known artists as well as changing exhibitions of work by local artists. Sandwiches, cakes and hot drinks are on sale in the café.
- E) The rooms in SCOTWOOD MANOR are furnished as they were 100 years ago. The staff spend the day as people did then and are happy to explain what it was like. There are activity sheets for children and a shop with books, souvenirs and cards, as well as a good café and car park.
- F) Freshwater was once important fishing port. FRESHWATER MUSEUM, inside the old harbour office, shows how the town developed and later became a tourist centre. There is an activity room for young children with DVDs, a large picnic area, car park, and good bus service.
- G) Set in beautiful countryside, the WOODLANDS MUSEUM is arranged like a village of 100 years ago. To learn more about this period, visitors are encouraged to spend time doing practical things such as making pots and cooking. There is an adventure playground with a picnic area under the trees and parking.
- H) MIDDLEWORTH MUSEUM is full of objects from the past, which tell the story of different people who worked in the area, from factory workers to the men who built the canal and the railway. There is a Family Folder of things to do. The museum has a café and is near the bus and railway station.

The people below all want to visit a museum. Decide which of the above museums will be the most suitable for them. For questions 1-5, match the correct letter (A-H):

1.	Cristina wants to visit a museum with her daughter to see how people used to live. They want to have lui		
	there and buy some presents to take home. They will go by car.		
2.	Joanne wants to visit a museum and see people making things. She has no car and would like to have lunch		
	there.		
3.	Carl's hobby is painting pictures, so he would like to see the work of other painters who live in the area. He		
	wants to have a snack at the museum. He travels by public transport.		
4.	Duncan wants to find out where local people worked in the past and what they did in their spare time. He		
	wants to buy a book about the exhibition. He travels by bus.		
5.	The Cannavaro family want to walk around a site which offers opportunities for the whole family to take part		

in activities. They want somewhere pleasant to eat their own sandwiches. They have a car.

Read the text and questions below. For each question mark the correct letter A, B, C, or D.

# **UNDERWATER RESEARCH** — fourteen-year-old Miquel Diaz talks about an exciting science project

Last month I got the chance to take part in an underwater research project in an area of the Gulf of Mexico called the Flower Gardens. A team of professional researchers, led by the scientist Dr Matt Phillips, was trying to learn more about the fish and various creatures that live in this part of the sea. The Flower Gardens are a long way from the shore and we spent three days on a boat.

The team used a piece of underwater equipment called a Remotely Operated Vehicle (ROV) to collect information. The ROV could measure water depth and temperature and it also had a camera that sent live film back to the boat. The ROV was great fun. It was controlled by a computer on the boat, and I was allowed to operate it a few times.

However, the thing I enjoyed most was diving into the water. At first, I was quite frightened – mainly because I couldn't see land in any direction. But as soon as I jumped into the water, I wasn't afraid anymore. It was amazing to see the colourful fish swimming around and I could see all the way to the Flower Gardens, which are almost 30 metres down.

I will never forget the Flower Gardens. The trip was like a holiday but I also learnt new things about science and research projects. The team was very friendly and everyone was happy to explain what they knew about the sea. It was a great opportunity and it has made me think about my goals in life. The experience will definitely help me work harder to become a scientist.

- 1) What is Miguel Diaz doing in the text?
  - A) describing the part he played in the science project
  - B) explaining how to apply for a place on a science trip
  - C) giving advice on understanding difficult areas of science
  - D) persuading others to organize their own science projects
- 2) What does Miguel say about the ROV?
  - A) it was difficult to operate
  - B) it could only go so far under water
  - C) it was an expensive piece of equipment
  - D) it recorded what was happening under water
- 3) What was Miguel's attitude towards diving?
  - A) his main worry was losing sight of the boat
  - B) he enjoyed it less than other parts of the trip
  - C) his feelings changed once he was in water
  - D) he was quite disappointed by the variety of fish
- 4) What effect has the trip had on Miguel?
  - A) it has changed his opinion of science
  - B) it has improved the way he works in a team
  - C) it has made him a lot more interested in the sea
  - D) it has encouraged him to work towards his goals
- 5) What might Miguel write in his diary about the trip?
  - A) It was very interesting working with Dr Phillips and his team but I wish someone else my age had been on the trip.
  - B) Going to the Flower Gardens was great fun. I now know much more about science but I realize there's still a lot more to learn.
  - C) The trip was like a holiday and I saw some amazing fish. The only thing I disliked was collecting information about the sea.
  - D) The Flower Gardens is a beautiful place but scientist are worried that pollution levels there will increase.

(12) A) leave

B) keep

C) pass

For questions 1-12, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

### A LOVE OF TRAVELLING

		ALOVE	OF TRAVELLING
For Nigel Portman, a l	ove of travelling	g began with wh	at's (0) $m{A}$ a 'gap year'. In common with many other British
teenagers, he chose to	o take a year ou	it before (1)	to study for his degree. After doing various jobs to (2)
some money, he left h	nome to gain so	me experience c	of life in different cultures, visiting America and Asia. The more
adventurous the your	ng person, the (3	3) the chal	llenge they are likely to (4) themselves for the gap year,
and for some, like Nigo	el, it can (5)	in a thirst for a	adventure.
Now that his universit	cy course has (6)	to an end	d, Nigel is just about to leave on a three-year trip that will take
him (7) around t	the world. What	's more he plans	to make the whole journey using only means of transport which
are (8) by natura	l energy. In othe	er words, he'll be	e (9) mostly on bicycles and his own legs; and when there's
an ocean to cross, he	won't be taking	g a (10) cı	ut by climbing aboard the plane, he'll be joining the crew of a
sailing ship (11)			
As well as doing some	mountain climi	oing and other o	utdoor pursuits along the way, Nigel hopes to (12) on to
the people he meets t	he environment	al message that	lies behind the whole idea.
Example:			
·			
(0) <b>A</b> ) called	<b>B)</b> named	<b>C)</b> referred	D) known
(1) A) settling down	B) getting up	C) taking over	D) holding back
(2) A) achieve	B) raise	C) advance	D) win
(3) A) stronger	<b>B)</b> wider	C) greater	D) deeper
(4) <b>A)</b> put	B) set	C) aim	D) place
(5) <b>A)</b> result	<b>B)</b> lead	<b>C)</b> cause	D) create
(6) <b>A)</b> come	B) turned	<b>C)</b> reached	D) brought
(7) <b>A)</b> just	B) complete	<b>C)</b> whole	<b>D)</b> right
(8) <b>A)</b> pulled	B) charged	C) forced	D) powered
(9) <b>A)</b> relying	B) using	C) attempting	D) trying
(10) <b>A)</b> quick	B) short	C) brief	D) swift
(11) <b>A)</b> anyway	B) alike	C) instead	D) otherwise

**D)** give

Here are some sentences about a sports centre and about a boy who likes basketball. For each question complete the second sentence so that it means the same as first. **Use no more than three words**.

# Example:

	Niko really enjoys playing basketball.
	Niko is very keen on basketball.
1)	Sarah asked me if I was still a member of the sports centre.
Sar	rah asked me, "still a member of the sports centre?"
2)	Non-members cannot enter the sports centre without a ticket.
No	n-members aren't to enter the sports centre without a ticket.
3)	Trainers must be worn in the sports centre at all times.
Υοι	u must trainers in the sports centre at all times.
4)	Football is the most popular sport at the centre.
Foo	otball is than any other sport at the sports centre.
5)	Sarah thinks the sports centre is too small for the town.
Sar	rah thinks the sports centre is not for the town.
6)	Last year, Niko was shown how to play basketball by his older brother.
Nik	co's older brother him how to play basketball last year.
7)	Niko joined a basketball team three years ago.
Nik	to has been in a basketball team 3 years.
8)	Niko practises at a stadium quite near his house.
Nik	co's house is not very the stadium where he practices.
9)	Niko walks to the stadium in ten minutes.
lt	Niko ten minutes to walk to the stadium.
10)	Niko's team had an important match last week.
The	ere an important match last week for Niko's team.

badly his / her school work, ability to focus, and family relationships. Write to him / her with some friendly advice of what he / she should do to reduce the use of the phone and why he / she should do it. Write 150-200 words.				
B) You've got a favourite book / film / TV show. You think everybody should read / watch it. In minimum 10 sentences, explain why.				

A) You have noticed recently that your friend has become totally dependent on his / her mobile phone. It affects

